

2023 Junior Nationals Fairbanks, Alaska

Team Captains' Meeting #1

Sunday, March 12

16:00PM – Bear Lodge



Team Captains' Meeting #1 Agenda

- Roll Call of Teams
- Comments by Chair of Organizing Committee, Technical Delegate, Chief of Competition
- Introduction of Competition Jury and Key Competition Committee Personnel
- Verify Entries and Seeding for Interval Start/Classic Technique Race and for Sprint Qualifier
- Tomorrow's Schedule
- Course and Stadium, Grooming/Tracksetting, Course Opening/Closing, Testing and Warmup
- Awards
- Bib Pickup
- Weather Forecast
- Adjournment



Welcome to the 2023 Junior Nationals

- Chair of Organizing Committee, Steve Taylor



General Remarks from Chief of Competition

- Chief of Competition, John Estle
- Hope you are enjoying your stay thus far!
- Tomorrow will be cold. Make sure your skiers wear proper clothing and protect ears and nose.
- Skiers wearing sport eyewear should protect the area on their cheeks immediately below the lenses
- Monday busing – plan ahead and work together to make sure skiers get up in time to start.



Competition Jury

- FIS Technical Delegate, Doug Debold, Minnesota
- Assistant FIS Technical Delegate, Justin Easter, Maine
- Jury Member, Lin Hinderman, Girdwood, AK
- USS&S Representative, Allan Serrano, VT
- Chief of Competition, John Estle
 - Ex-officio: Assistant Chief of Competition, Scott Jerome, Fairbanks
 - Ex-officio: Assistant Chief of Competition, Greg Whisenhant, Fairbanks



Competition Committee

- Chief of Competition, John Estle
- Assistant Chief of Competition, Scott Jerome
- Assistant Chief of Competition, Greg Whisenhant
- Chief of Course, Bill Husby
- Head Groomer, Tom Helmers
- Chief of Stadium, Susan Faulkner
- Chief of Stadium, Gary Knuepfer
- Chief of Timing, Anna Sorensen
- Data Manager, Ernie Page
- Chief of Competition Control, Cam Leonard, Pat Lovely
- Chief of Secretariat, Pam Laker



Entry Verification

- Verification Deadline was 10AM today.
- Start list has been created
- Start list is in your hands for error checking
- Start list will become official at the end of this meeting
- Start list will be published to the web at end of meeting
- SPRINT QUALIFIER
- Verification Deadline was 10AM today.
- Start list has been created
- Start list will become official at the end of this meeting
- Start list will be published to the web LATE tonight



Race Day Schedule

- 06:00AM - Birch Hill Gate Opens
- **07:45AM - First Shuttle Bus departs Wedgewood for Birch Hill**
- 07:00AM - Course open for testing
- Race start times – Men 10:00AM, Women 13:00PM
- 09:55AM - Competition course closes for warmup and testing other than authorized bibs; Course opens after last finisher
- 12:55PM – Competition course closes for warmup and testing other than authorized bibs; Course opens after last finisher
- Awards – see awards slide
- 16:00PM Last Shuttle Bus departs Birch Hill for Bear Lodge/Wedgewood
- 21:00PM – Ski Center building closes
- Midnight – Birch Hill gate is locked



Course & Stadium Information



Technical Information

- Course – Black Funk-and-a-Half 7.5Km
- Testing and Warmup Courses
- Stadium
 - Access to Start
 - Chip Attachment
- Grooming/Tracksetting
 - Best line single track on the first 2.5Km, double tracks from 2.5Km to the finish
- Course Opening/Closing
- Forerunners



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Fairbanks, AK 99712
Birch Hill Weather: 907-457-4637
e-mail: info@nscfairbanks.org
web: www.nscfairbanks.org

US Ski & Snowboard Junior National Championships

March 13-16, 2023

organized by Nordic Ski Club of Fairbanks
Jim Whisenhant Ski Trails
Birch Hill Recreation Area, Fairbanks, Alaska

Monday, March 13

Interval Start / Classic Technique
Both Genders of All Classes go 7.5Km
Competitors follow Gold Course for 5Km
then enter Lap Lane and follow Green Arrow

Technical Information
Black Funk-and-a-Half 7.5Km
FIS Homologation ID: 23/18.11/7.5
Gold Course

Course Length: 7967m
Height Difference (HD): 67m
Maximum Climb (MC): 50m
Total Climb (TC): 294m
Climb per Km: 36.8m/km
3 x A Climb: 50m, 31m, 31
8 x B Climb: 18m, 13m, 20m, 12m,
18m, 20m, 12m, 18m

Competition Committee

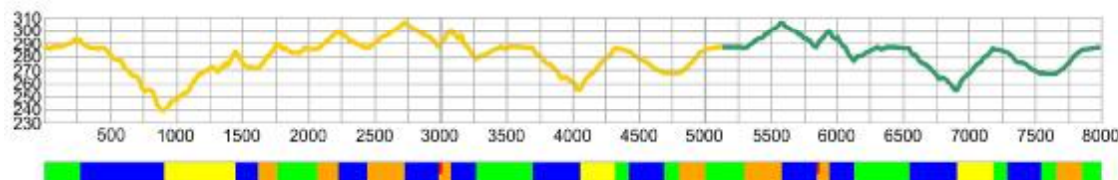
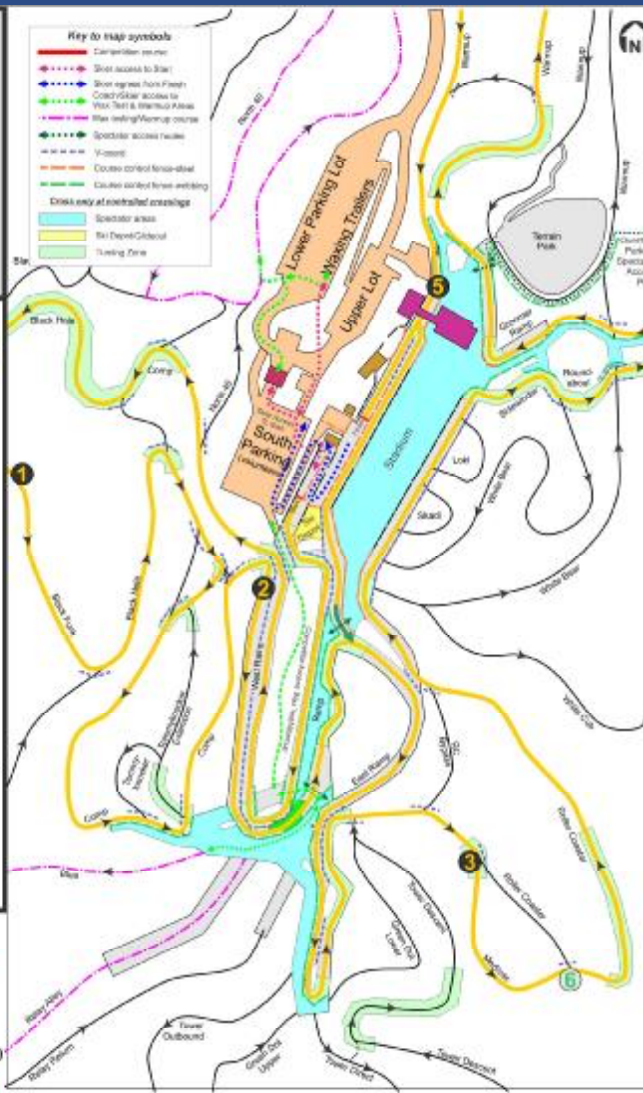
Chief of Competition-John Estle
Assistant Chiefs of Competition-
Scott Jerome, Greg Whisenhant
Chief of Course-Bill Husby
Head Groomer-Tom Helmers
Co-Chief of Stadium-Susan Faulkner
Co-Chief of Stadium-Gary Knuepfer
Chief of Timing-Anna Sorensen
Chief of Data Management-Ernie Page
Chief of Secretariat-Pam Laker
Chief of Course Control-Patrick Lovely,
Cam Leonard
Volunteer Coordinator-Norma Haubenstock

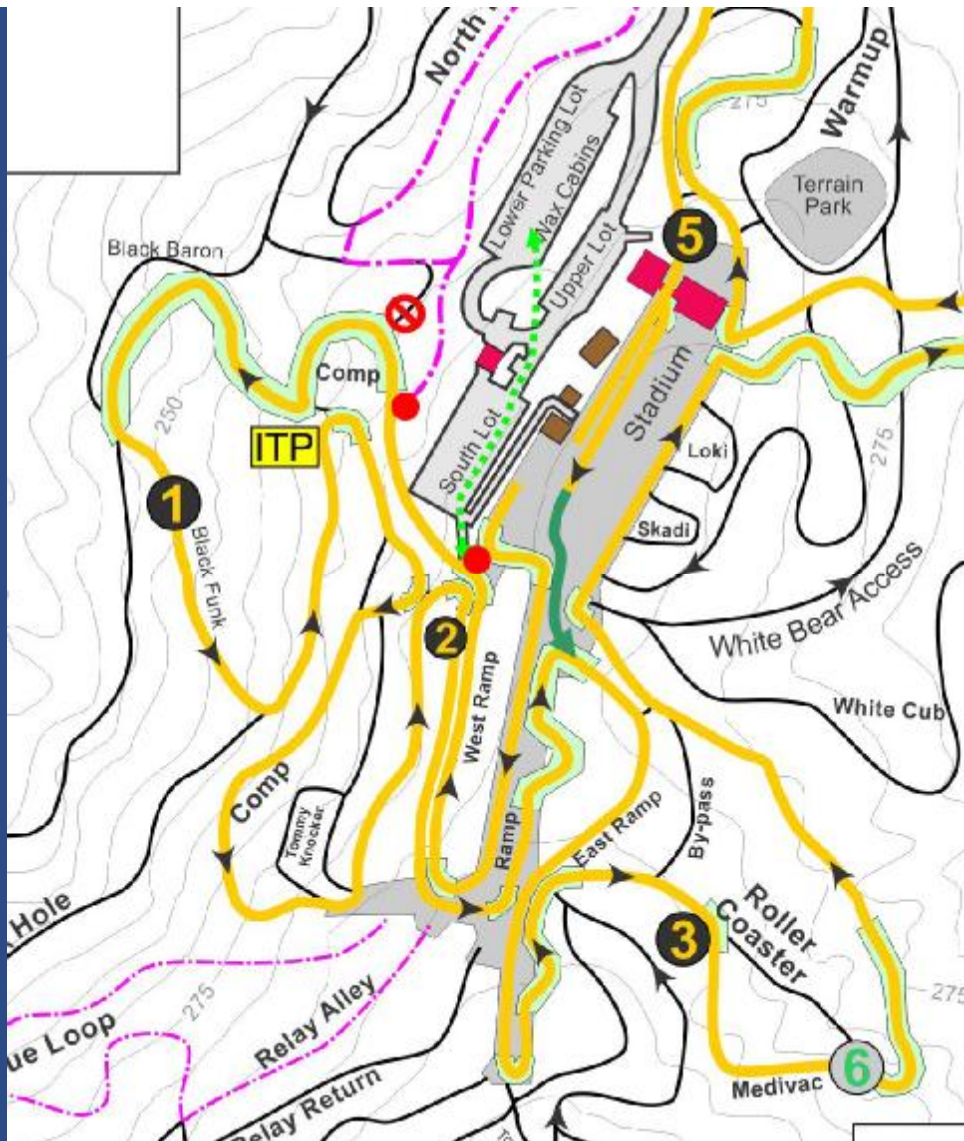
Competition Jury

Chief of Competition-John Estle
Technical Delegate-Doug DeBoid
Assistant Tech. Del-Justin Easter
Jury Member-Lin Hinderman
USS&S Rep-Allan Serrano



Map created by John Estle, 1st version April 2023





On-Course Testing Access

Please Note:
PROHBITED
ACCESS POINTS



Final Pre-Race Waxing Area



Access Routes to Testing & Warmup Areas

- See routes on Course maps to follow
- Be sure to exit South Parking Lot through yellow steel gate in SE corner of lot, OR
- Descend curving road NW of Old Equipment Building to reach North 40 loop
- Details for each race



Access Routes to Start

- See routes on Course maps to follow
- All start access from waxing area MUST BE through chip application station
- Chip application station is at the bottom of stairs in NE corner of South Parking Lot
- Once chips are applied, skiers must continue toward start area or warmup area between chip station and start



Exit Routes from Finish

- See routes on Course maps to follow
- Chips will be removed immediately after finish
- Skiers exit SW corner of finish zone to post-finish area on Start Mesa
- Skiers exit Mesa down stairs and through chip station
- Sprint Details – Qualifying Round v. Heats



Coaches in Start and Finish Areas

- One coach per division/district team allowed
- Coaches are allowed into start and finish only with Start/Finish bib
- Coaches must stay on Start Mesa or at extreme south end of finish area unless called into controlled finish area to assist an athlete.
- Coaches can also stay in the warmup area between the chip station and the Start Mesa



Coaches Testing on Open Course

- Coaches wearing these bibs can test on course when the course is OPEN for testing
- Bibs must be worn as outermost layer.



Testing on Open Course

- Skiers wearing competition bibs as outermost layer can test or warm up on course until course is closed.



Testing on Closed Course

- Coaches wearing Red “COACHES” bibs can test on course during the competition
- The area open for testing during the interval start race is between the 0.5Km mark and the 2.0Km mark



Field of Play Access

- Coaches wearing any of these bibs can stand on foot – not on skis – “inside the fence” of the course during competition
- Coaches wearing Red bibs can move on the course to test wax during competition. The Red bib should not be used to allow “enhanced spectating”
- Do not ski through spectator areas during the competition.



Award Ceremonies – On Site

- Boys Awards will begin 20 minutes after the last finisher
 - (should be at or near 12:25PM)
- Girls Awards 20 minutes after the final finisher
 - (should be at or near 15:25PM-15:30PM)
- Awards will be presented on the deck on the south side of the Birch Hill Cross Country Ski Center
- Follow results online and make sure any of your skiers in the top 10 in their class are near the awards area for the ceremonies
- U16 awards first, then U18, then U20



Awards Details

- Skiers must report early for awards on the deck, to the W of the background. Use SW stairs
- 1st-2nd-3rd finishers will wear bibs 1-2-3
- These bibs will need to be put on before awards
- Skiers must identify themselves to the awards crew
- Skiers will be called out 10-9-8 etc. – they will be accompanied/guided to the proper location
- Each skier in 10th-4th will get a medal and a cookie.
- The first three in each class will get a medal, cookie, bouquet, and then a hat. Then DONE.



Competitor Bib Pickup

- Bibs will be available Monday morning at 08:30AM in Rikke's Roadhouse, the small log cabin near the timing building.
- Each team will receive one or more bags of bibs. In each bag will be 4 x start lists and 4 x bib lists for your team, as requested by team leaders on March 5



Coach Bib Pickup

- At the close of this meeting each team will be provided:
 - 1 x Start/Finish Bib
 - 2 x Red Bibs for on-course, in-competition testing.
 - We will let you know details for the return of the bibs. You will be charged a replacement fee if bibs are not returned.



Race Day Weather Forecast





Conditions Tonight



Low Temperature	Wind	Overnight Snow	Overnight Sky Conditions
-1	5-10 MPH	Flurries Possible	Overcast

Temperature Inversion - Yes, but tonight will be weak because of clouds and winds. Inversion will be stronger at night for Monday-Thursday

Birch Hill Highs and Low

Tuesday	Wednesday	Thursday
-8/6	-7/7	-10/5

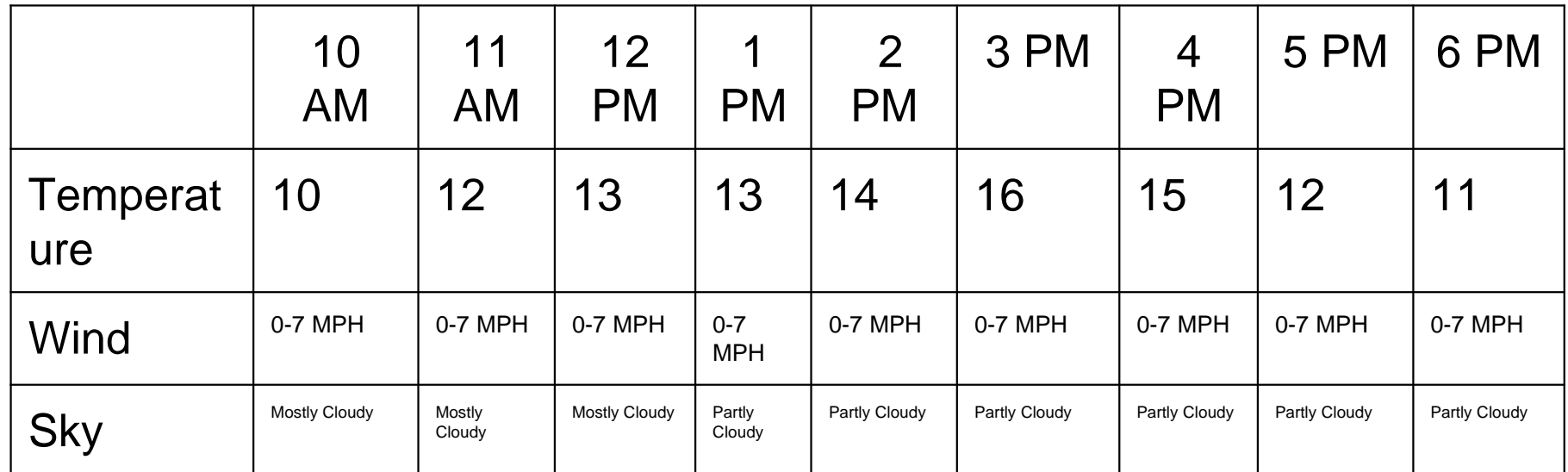


Pre-Race Conditions



	7AM	8 AM	9 AM
Temperat ure	2	3	6
Wind	5-10 MPH	5-10 MPH	0-7 MPH
Sky	Overcast	Overcast	Overcast

	7 AM-10 AM
Snow Amount	0.0





Racetime Conditions



	10 AM to 1 PM	1 PM to 4 PM	4 PM to 7 PM
Snow Amount	0.0	0.0	0.0

Remarks from Technical Delegate

- FIS Technical Delegate, Doug Debold, Minnesota
- DO NOT enter the race course for any purpose at closed points – especially on “SuperDuper” turn. This is a safety issue.
- Skating is prohibited at all times on the competition course. Classic skiing only
- Please test according to the plan. Sanctions will be applied in the case of violations
- We are considering a plan for on-course, in competition testing for the mass start. Our experience on the interval start day will affect our decision



Questions?



Adjournment

- Best of luck in tomorrow's race
- This presentation is available at jn2023fairbanks.org
- All Maps and diagrams are area also available at jn2023fairbanks.org
- Links to start lists, etc. are available at jn2023fairbanks.org



The End

