

# 2023 Junior Nationals Fairbanks, Alaska

Team Captains' Meeting #2

Monday, March 13

16:30PM – Bear Lodge



# Roll Call

- Alaska
  - Ja Dorris
- Far West
  - Will Sweetser
- Great Lakes
  - Tamara Bryant
- High Plains
  - Becky Wheeler
- Intermountain
  - Ashley Knox
- Mid-Atlantic
  - Jason Hettenbaugh
- Midwest
  - Julia Curry
- New England
  - Justin Beckwith
- Pacific NW
  - Heidi Loewen
- Rocky Mountain
  - Dina Pesenson



# Team Captains' Meeting #1 Agenda

- Roll Call of Teams
- Comments by Chair of Organizing Committee, Technical Delegate, Chief of Competition
- Introduction of Competition Jury and Key Competition Committee Personnel
- Verify Entries and Seeding for Interval Start/Classic Technique Race and for Sprint Qualifier
- Tomorrow's Schedule
- Course and Stadium, Grooming/Tracksetting, Course Opening/Closing, Testing and Warmup
- Awards
- Bib Pickup
- Weather Forecast
- Adjournment



# General Remarks from Chief of Competition

- Chief of Competition, John Estle



# Competition Jury

- FIS Technical Delegate, Doug Debold, Minnesota
- Assistant FIS Technical Delegate, Justin Easter, Maine
- Jury Member, Lin Hinderman, Girdwood, AK
- USS&S Representative, Allan Serrano, VT
- Chief of Competition, John Estle
  - Ex-officio: Assistant Chief of Competition, Scott Jerome, Fairbanks
  - Ex-officio: Assistant Chief of Competition, Greg Whisenant, Fairbanks



# Competition Committee

- Chief of Competition, John Estle
- Assistant Chief of Competition, Scott Jerome
- Assistant Chief of Competition, Greg Whisenhant
- Chief of Course, Bill Husby
- Head Groomer, Tom Helmers
- Chief of Stadium, Susan Faulkner
- Chief of Stadium, Gary Knuepfer
- Chief of Timing, Anna Sorensen
- Data Manager, Ernie Page
- Chief of Competition Control, Cam Leonard, Pat Lovely
- Chief of Secretariat, Pam Laker



# Entry Verification

- Start list has been created
- Start list is in your hands for error checking
- Start list will become official at the end of this meeting
- Start list will be published to the web at end of meeting



# Race Day Schedule – p1

- 06:00AM - Birch Hill Gate Opens
- 06:30AM - Course open for testing
- **TBD** - First Shuttle Bus departs Wedgewood for Birch Hill
- 5 minutes before qualifying start - Competition course closes for warmup and testing other than authorized bibs;
- Course opens after last men's finisher





# Race Day Schedule – p2

- 13:55PM – Course closes for start of U16 heats
- 14:00PM – U16 Heats
- 15:25PM – Last U16 Heat
- U16 Awards
- 15:50PM – U18 Heats begin
- 17:15PM – Last U18 Heat
- U18 Awards
- 17:40PM – First U20 Semifinal (no quarterfinals)
- 18:15PM – Last U20 Heat
- U20 Awards



# Race Day Schedule – p4

- **TBD** - Last Shuttle Bus departs Birch Hill for Bear Lodge/Wedgewood
- 21:00PM – Ski Center building closes
- Midnight – Birch Hill gate is locked



# Course & Stadium Information



# Technical Information

- Course – Tower Island-Surprise 1350m
- Course – Tower Island-Roundabout 1050m
- Testing and Warmup Courses
- Stadium
  - Access to Start
  - Chip Attachment
- Course Opening/Closing – See schedule
- Forerunners





Nordic Ski Club of Fairbanks  
 101 Wilderness Drive  
 Fairbanks, AK 99712  
 Birch Hill Weather: 907-457-4837  
 e-mail: info@nsfairbanks.org  
 web: www.nsfairbanks.org

## US Ski & Snowboard Junior National Championships March 13-16, 2023

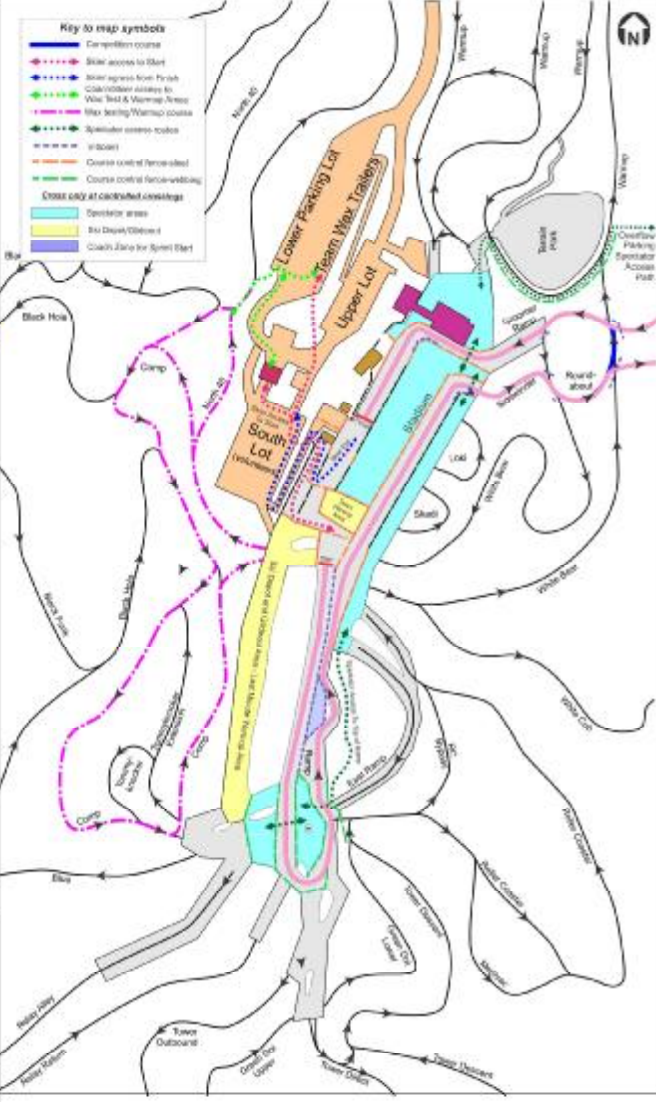
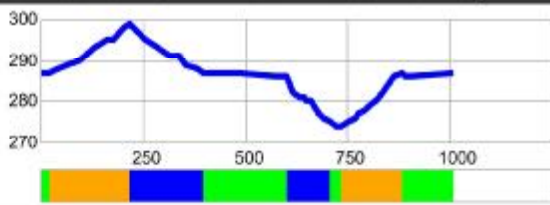
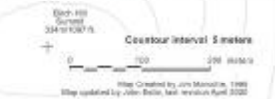
organized by Nordic Ski Club of Fairbanks  
 Jim Whisenhant Ski Trails  
 Birch Hill Recreation Area, Fairbanks, Alaska

Tuesday, March 14  
**Sprint / Free Technique 1050m  
 U16 Boys & Girls Heats ONLY**

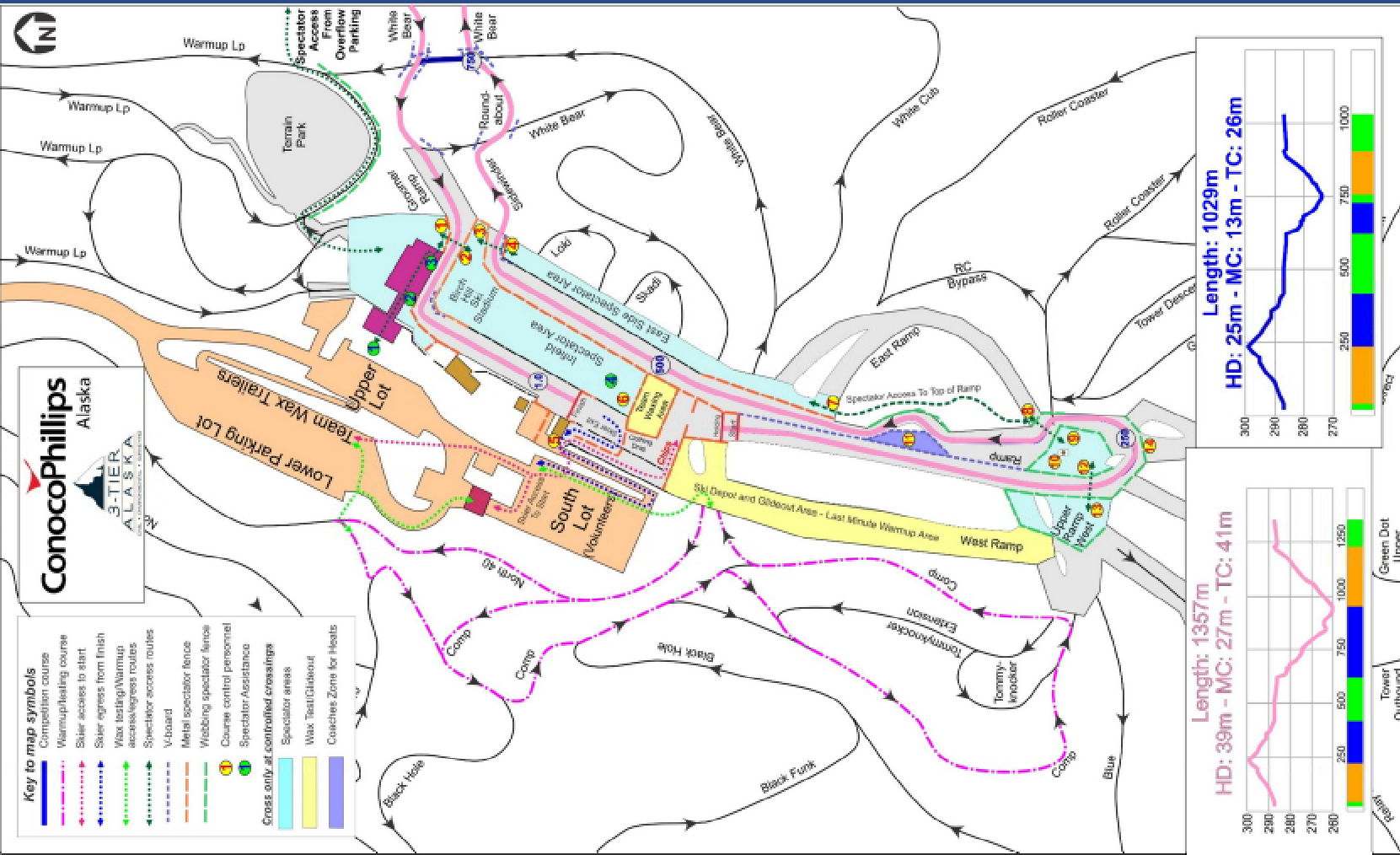
**Technical Information**  
**Tower Island-Roundabout 1050m**  
 Not a FIS-Homologated Course  
**Blue Course:**  
 Course Length: 1029m  
 Height Difference (HD): 25m  
 Maximum Climb (MC): 13m  
 Total Climb (TC): 26m  
 Climb per Km: 22.5m/km  
 2 x B Climbs: 12m, 14m

**Competition Committee**  
 Chief of Competition-John Estle  
 Assistant Chiefs of Competition-  
 Scott Jerome, Greg Whisenhant  
 Chief of Course-Bill Husby  
 Head Groomer-Tom Helmers  
 Co-Chief of Stadium-Susan Faulkner  
 Co-Chief of Stadium-Gary Kruepfer  
 Chief of Timing-Anna Sorensen  
 Chief of Data Management-Ernie Page  
 Chief of Secretariat-Pam Laker  
 Chief of Competition Control-Pat Lovely,  
 Cam Leonard  
 Volunteer Coordinator-Norma Haubenstock

**Competition Jury**  
 Chief of Competition-John Estle  
 Technical Delegate-Doug DeBold  
 Assistant Tech. Del-Justin Easter  
 Jury Member-Lin Hinderman  
 USS&S Rep-Allan Serrano



**US Ski & Snowboard Junior National Championships**  
 Monday-Saturday, March 13-16, 2023  
 Sprint/ Free Technique - Tuesday, March 14  
 U20 & U18 Men & Women Qualifying/Heats 13:50m  
 and U16 Men & Women Qualifying only 13:50m



organized by Nordic Ski Club of Fairbanks - Jim Whisenant Ski Trails - Birch Hill Recreation Area, Fairbanks, Alaska



# On-Course Testing Access

- Course

Please Note:  
PROHBITED  
ACCESS POINTS





# On-Course Testing Access

- Testing on Course is permitted only when course is open.
- Testing on course during competition is prohibited.



# Ski Tech Area

- There will be an area dedicated to ski tech between the Start Area and the Finish Area.
- Coaches will be able to receive skis after skiers finish the qualification or a heat, and return the skis to the skiers without having to leave this area



# Access Routes to Testing & Warmup Areas

- See routes on Course maps to follow
- Be sure to exit South Parking Lot through yellow steel gate in SE corner of lot, OR
- Descend curving road NW of Old Equipment Building to reach North 40 loop
- Details for each race



# Access Routes to Start

- See routes on Course maps to follow
- All start access from waxing area **MUST BE** through chip application station
- Chip application station is after skiers have crossed the Start Mesa and
- Once chips are applied, skiers stay in the warmup area



# Clothing Handling

- We will use plastic buckets for clothing, not garbage bags. All buckets are numbered. Skiers will have to remember their bucket number
- Buckets will be handed over the fence from the Start Area into the Finish Area



# Exit Routes from Finish

- See routes on Course maps to follow
- Chips will be removed immediately after finish
- Skiers exit SW corner of finish zone to post-finish area on Start Mesa
- Skiers exit Mesa down stairs and through chip station
- Sprint Details – Qualifying Round v. Heats



# Coaches in Start and Finish Areas

- One coach per division/district team allowed
- Coaches are allowed into start and finish only with Start/Finish bib
- Coaches must stay on Start Mesa or at extreme south end of finish area unless called into controlled finish area to assist an athlete.
- Coaches can also stay in the warmup area between the chip station and the Start Mesa



# Coaches Testing on Open Course

- Coaches wearing these bibs can test on course when the course is OPEN for testing
- Bibs must be worn as outermost layer.





# Testing on Open Course

- Skiers wearing competition bibs as outermost layer can test or warm up on course until course is closed.



# Testing on Closed Course

- Not Permitted



# Field of Play Access

- Coaches wearing any of these bibs can stand on foot – not on skis – “inside the fence” of the course during competition
- Coaches wearing Red bibs can move on the course to test wax during competition. The Red bib should not be used to allow “enhanced spectating”
- Do not ski through spectator areas during the competition.



# Keeping Track of What's Going On

- Live bracket reports on Zone4 live results page
- Whiteboard in ski tech area



# Award Ceremonies – On Site

- Awards will be presented as soon as possible after each bracket, barring protests of the finals
- The goal is to finish presentations for one bracket before the next bracket begins
- Awards will be presented on the deck on the south side of the Birch Hill Cross Country Ski Center
- Follow results online and make sure any of your skiers in the top 10 in their class are near the awards area for the ceremonies



# Awards Details

- 1<sup>st</sup> 4 skiers from B Final need to stay in post-race area on mesa until A Final is finished
- After A final, the top 10 finishers will be escorted to awards
- 1<sup>st</sup>-2<sup>nd</sup>-3<sup>rd</sup> finishers will wear bibs 1-2-3
- These bibs will need to be put on before awards
- Skiers must identify themselves to the awards crew
- **Skiers will be called out 10-9-8 etc. – they will be accompanied/guided to the proper location**
- Each skier in 10<sup>th</sup>-4<sup>th</sup> will get a medal and a cookie.
- The first three in each class will get a medal, cookie, bouquet, and then a hat. Then DONE.



# Competitor Bib Pickup

- Qualifying bibs will be available Tuesday morning at 07:30AM in Rikke's Roadhouse, the small log cabin near the timing building.
- Each team will receive one or more bags of bibs. In each bag will be 4 x start lists and 4 x bib lists for your team, as requested by team leaders on March 5



# Competitor Bib Pickup for Heats

- Bib pickup times for the heats will be announced in the morning. We have to consult with our timing crew to make sure we have a practical schedule.





Race Day  
Weather Forecast  
from  
National Weather Service



# Overnight Conditions

Overnight Monday Night			
Low Temperature	Wind	Overnight Snow	Overnight Sky Conditions
-10	NE 4-7 MPH	None	Partly Cloudy

- Temperature Inversion - Yes, a temperature inversion will setup after sunset. The inversion will begin to weaken after sunrise on Tue and diminish by late morning. Please Note: The temperature is not expected to rise above -4F until late morning



# Inversion Conditions

- Temperature Inversion – A temperature inversion will setup after sunset. The inversion will begin to weaken after Tuesday sunrise and will diminish by late morning.
- *Please Note: The temperature is not expected to rise above -4F until late morning*



# Tuesday Temperatures

7AM	8AM	9AM	10AM	11AM	NOON	1PM	2PM	3PM	4PM	5PM	6PM
-10	-9	-7	-6	-3	2	5	7	9	9	9	7
4-6 MPH	4-6 MPH	5-7 MPH	4-7 MPH	4-7 MPH	5-8 MPH	6-9 MPH	6-9 MPH	8-11 MPH	9-12 MPH	9-12 MPH	11-14 MPH
Clear	Clear	Clear	Partly Cloudy	Partly Cloudy	Partly Cloudy	Partly Cloudy	Partly Cloudy	Partly Cloudy	Partly Cloudy	Partly Cloudy	Partly Cloudy



# 72 Hour Trend

## Birch Hill Highs and Lows

Tuesday

Wednesday

Thursday

-10F/+9F

-11F/+8F

-12F/+7F



# Mass Start Options

- We will create a mass start schedule that will compress the events so that they can fit into the likely window of FIS-legal temperatures.
- The mass start competition day will last 2.5-3 hours
- The Jury will make a decision on moving or not moving the mass start to Wednesday not later than 2:30 Tuesday afternoon



# Remarks from Technical Delegate

- FIS Technical Delegate, Doug Debold, Minnesota



Questions?





# Adjournment

- Best of luck in tomorrow's race
- This presentation is available at [jn2023fairbanks.org](http://jn2023fairbanks.org)
- All Maps and diagrams are area also available at [jn2023fairbanks.org](http://jn2023fairbanks.org)
- Links to start lists, etc. are available at [jn2023fairbanks.org](http://jn2023fairbanks.org)



The End

