

2023 Junior Nationals Fairbanks, Alaska

Team Captains' Meeting #3

Monday, March 15

16:00PM – Bear Lodge



Roll Call

- Alaska
 - Ja Dorris
- Far West
 - Will Sweetser
- Great Lakes
 - Tamara Bryant
- High Plains
 - Becky Wheeler
- Intermountain
 - Ashley Knox
- Mid-Atlantic
 - Jason Hettenbaugh
- Midwest
 - Julia Curry
- New England
 - Justin Beckwith
- Pacific NW
 - Heidi Loewen
- Rocky Mountain
 - Dina Pesenson



Team Captains' Meeting #3 Agenda

- Roll Call of Teams
- Comments by Chief of Competition
- Verify Start List for Mass Start / Free Technique Race
- Weather Forecast
- Tomorrow's Schedule
- Course and Stadium, Grooming/Tracksetting, Course Opening/Closing, Testing and Warmup
- Awards
- Bib Pickup
- Adjournment



General Remarks from Chief of Competition

- Chief of Competition, John Estle



Competition Jury

- FIS Technical Delegate, Doug Debold, Minnesota
- Assistant FIS Technical Delegate, Justin Easter, Maine
- Jury Member, Lin Hinderman, Girdwood, AK
- USS&S Representative, Allan Serrano, VT
- Chief of Competition, John Estle
 - Ex-officio: Assistant Chief of Competition, Scott Jerome, Fairbanks
 - Ex-officio: Assistant Chief of Competition, Greg Whisenant, Fairbanks



Competition Committee

- Chief of Competition, John Estle
- Assistant Chief of Competition, Scott Jerome
- Assistant Chief of Competition, Greg Whisenhant
- Chief of Course, Bill Husby
- Head Groomer, Tom Helmers
- Chief of Stadium, Susan Faulkner
- Chief of Stadium, Gary Knuepfer
- Chief of Timing, Anna Sorensen
- Data Manager, Ernie Page
- Chief of Competition Control, Cam Leonard, Pat Lovely
- Chief of Secretariat, Pam Laker



Entry Verification

- Start list has been created
- Start list is in your hands for error checking
- Start list will become official at the end of this meeting
- Start list will be published to the web at end of meeting



Race Day Weather Forecast





Conditions Tonight



Low Temperature	Wind	Overnight Snow	Overnight Sky Conditions
-8	NE 3-5 MPH	None	Partly Cloudy

Temperature Inversion - YES, a strong temperature inversion will setup after sunset. The inversion will begin to weaken after sunrise on Thursday and diminish by late morning. The Birch Hill Stadium will continue to be located near the top of the inversion and just above the colder temperatures. Please Note - it is possible the temperature at 10AM will be at or near the -4F threshold.





Thursday: Pre-Race Conditions



	7AM	8 AM	9 AM
Temperature	-8	-8	-7
Wind	2-4 MPH	2-4 MPH	2-4 MPH
Sky	Partly Cloudy	Partly Cloudy	Partly Cloudy

	7 AM-10 AM
Snow Amount	0.0





Thursday: Race Conditions



	10 AM	11 AM	12 PM	1 PM	2 PM	3 PM	4 PM	5 PM	6 PM
Temperature	-4	-1	5	9	11	13	13	12	12
Wind	2-4 MPH	2-4 MPH	2-4 MPH	2-4 MPH	3-5 MPH	3-5 MPH	3-5 MPH	2-4 MPH	2-4 MPH
Sky	Partly Sunny	Partly Sunny	Partly Sunny	Partly Sunny	Partly Sunny	Partly Sunny	Partly Sunny	Partly Sunny	Partly Sunny





Thursday: Race Conditions



	10 AM to 1 PM	1 PM to 4 PM	4 PM to 7 PM
Snow Amount	0.0	0.0	0.0



Race Day Schedule

- 06:00AM – Birch Hill Gate Opens
- **08:00AM** – First Shuttle Bus departs Wedgewood for Birch Hill
- 06:30AM – Course open for testing
- Race start times – see next slide
- 10:55AM – Competition course closes for warmup and testing other than authorized bibs; Course opens after last men's finisher
- 12:25PM – Course opens after 10Km finishes
- 12:50PM – Competition course closes for warmup and testing other than authorized bibs
- Awards – see awards slide
- **16:30PM** – Last Shuttle Bus departs Birch Hill for Bear Lodge/Wedgewood
- 21:00PM – Ski Center building closes
- Midnight – Birch Hill gate is locked



Start Times

- 12:00 noon – U16 Boys 5Km
- 12:10PM – U16 Girls 5Km
- 12:25PM – U18 Boys 10Km (2 laps)
- 12:45PM – U18 Girls 10Km (2 laps)
- **13:30PM – U16 Awards followed by U18 Awards**
- 13:55PM – U20 Boys 15Km (3 laps)
- 14:40PM – U20 Girls 15Km (3 laps)
- **15:45PM – U20 Awards**



Course & Stadium Information



Technical Information

- Course – South Tower 5Km
- Testing and Warmup Courses
- Stadium
 - Access to Start – NOTE CHANGE FROM ORIGINAL MAP
 - Chip Attachment
- Grooming
- Forerunners





Map Key

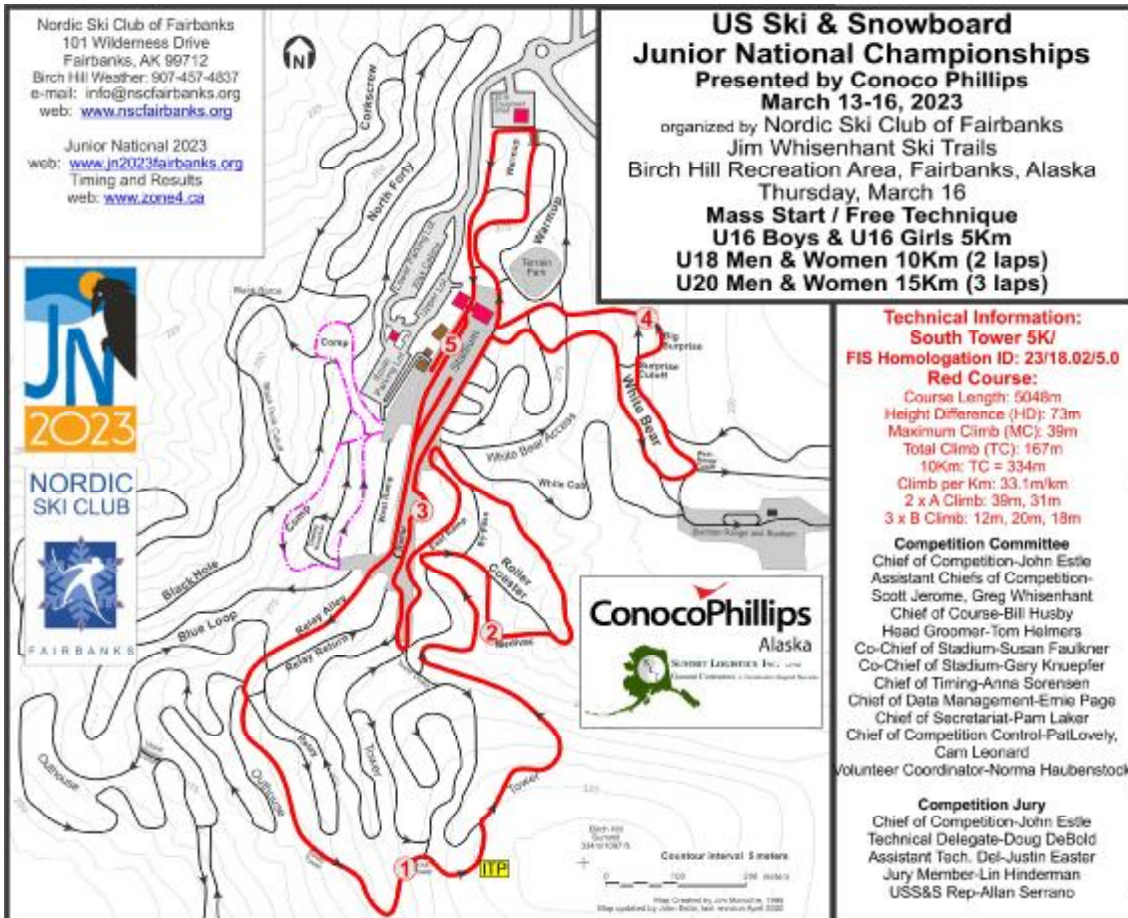
- Competition Course Routes
- Sprint Finish Route
- Permanent Fence
- Temporary Fence (changed for each event)
- V-Board (changed for each event)

Note: all temporary fence for all events is shown here. Only event-specific materials will be in place for each event.

Aerial Photo Courtesy Robert Arnold

Nordic Ski Club of Fairbanks
 101 Wilderness Drive
 Fairbanks, AK 99712
 Birch Hill Weather: 907-457-4837
 e-mail: info@nscfairbanks.org
 web: www.nscfairbanks.org

Junior National 2023
 web: www.jn2023fairbanks.org
 Timing and Results
 web: www.zoned.ca

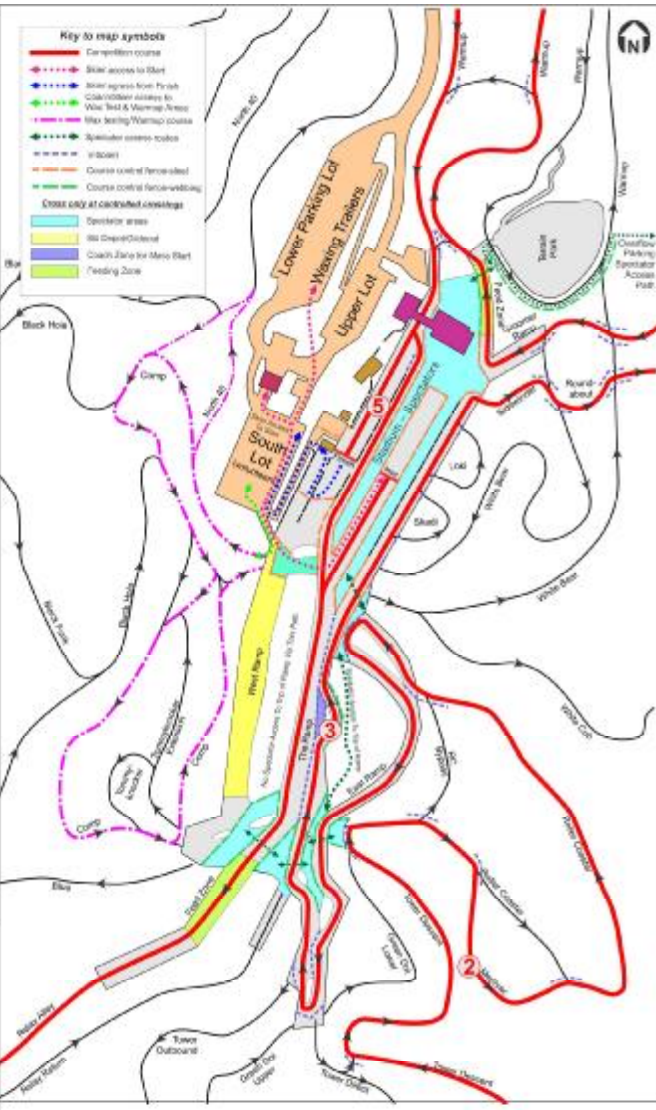


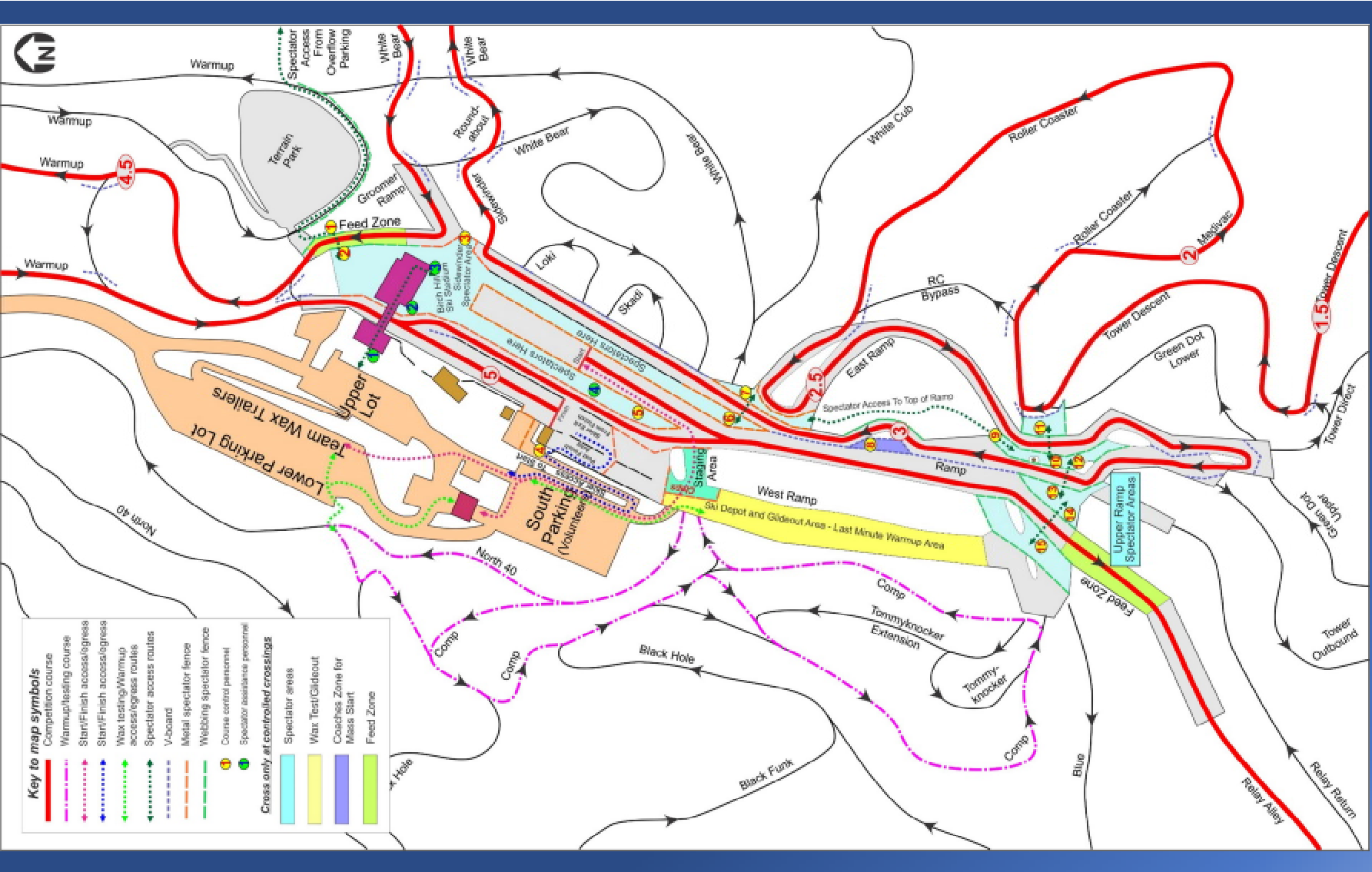
**US Ski & Snowboard
 Junior National Championships**
 Presented by Conoco Phillips
 March 13-16, 2023
 organized by Nordic Ski Club of Fairbanks
 Jim Whisenant Ski Trails
 Birch Hill Recreation Area, Fairbanks, Alaska
 Thursday, March 16
Mass Start / Free Technique
U16 Boys & U16 Girls 5K
U18 Men & Women 10Km (2 laps)
U20 Men & Women 15Km (3 laps)

Technical Information:
**South Tower 5K/
 FIS Homologation ID: 23/18.02/5.0**
Red Course:
 Course Length: 5048m
 Height Difference (H-D): 73m
 Maximum Climb (MC): 39m
 Total Climb (TC): 167m
 10Km: TC = 334m
 Climb per Km: 33.1m/km
 2 x A Climb: 39m, 31m
 3 x B Climb: 12m, 20m, 18m

Competition Committee
 Chief of Competition-John Estle
 Assistant Chiefs of Competition-
 Scott Jerome, Greg Whisenant
 Chief of Course-Bill Husby
 Head Groomer-Tom Helmers
 Co-Chief of Stadium-Susan Faulkner
 Co-Chief of Stadium-Gary Kruepfer
 Chief of Timing-Anna Sorensen
 Chief of Data Management-Emie Page
 Chief of Secretariat-Pam Laker
 Chief of Competition Control-PatLovely,
 Cam Leonard
 Volunteer Coordinator-Norma Haubenstock

Competition Jury
 Chief of Competition-John Estle
 Technical Delegate-Doug DeBolt
 Assistant Tech. Del-Justin Easter
 Jury Member-Lin Hindeman
 USS&S Rep-Allan Serrano





Access Routes to Testing & Warmup Areas

- See routes on Course maps to follow
- Be sure to exit South Parking Lot through yellow steel gate in SE corner of lot, OR
- Descend curving road NW of Old Equipment Building to reach North 40 loop
- Details for each race



Access Routes to Start

- See routes on Course maps to follow
- All start access from waxing area MUST BE through chip application station
- Chip application station is located after skiers pass through the yellow gate
- Once chips are applied, skiers must continue toward start area or warmup area between chip station and start
- Holding area is south of finish area



Exit Routes from Finish

- See routes on Course maps to follow
- Chips will be removed immediately after finish
- Skiers exit SW corner of finish zone to post-finish area on Start Mesa
- Skiers exit Mesa down stairs and through chip station



Coaches in Start and Finish Areas

- One coach per division/district team allowed
- Coaches are allowed into start and finish only with Start/Finish bib
- Coaches must stay on Start Mesa or at extreme south end of finish area unless called into controlled finish area to assist an athlete.
- Coaches can also stay in the warmup area between the chip station and the Start Mesa



Coaches Testing on Open Course

- Coaches wearing these bibs can test on course when the course is OPEN for testing
- Bibs must be worn as outermost layer.



Testing on Open Course

- Skiers wearing competition bibs as outermost layer can test or warm up on course until course is closed.



Field of Play Access

- Coaches wearing any of these bibs can stand on foot – not on skis – “inside the fence” of the course during competition
- Do not ski through spectator areas during the competition.



Award Ceremonies – On Site

- Awards will be presented as soon as possible after each bracket, barring protests of the finals
- The goal is to finish presentations for one bracket before the next bracket begins
- Awards will be presented on the deck on the south side of the Birch Hill Cross Country Ski Center
- Follow results online and make sure any of your skiers in the top 10 in their class are near the awards area for the ceremonies



Awards Details

- Skiers must report early for awards on the deck, to the W of the background. Use SW stairs
- 1st-2nd-3rd finishers will wear bibs 1-2-3
- These bibs will need to be put on before awards
- Skiers must identify themselves to the awards crew
- Skiers will be called out 10-9-8 etc. – they will be accompanied/guided to the proper location
- Each skier in 10th-4th will get a medal and a cookie.
- The first three in each class will get a medal, cookie, bouquet, and then a hat. Then DONE.



Competitor Bib Pickup

- Bibs will be available Tuesday morning at 09:30AM in Rikke's Roadhouse, the small log cabin near the timing building.
- Each team will receive one or more bags of bibs. In each bag will be 4 x start lists and 4 x bib lists for your team, as requested by team leaders on March 5



Remarks from Technical Delegate

- FIS Technical Delegate, Doug Debold, Minnesota



Questions?



Adjournment

- Best of luck in tomorrow's race
- This presentation is available at jn2023fairbanks.org
- All Maps and diagrams are area also available at jn2023fairbanks.org
- Links to start lists, etc. are available at jn2023fairbanks.org



The End

